



INTRAVENOUS SEDATION
INFORMATION SHEET
Ocean Surgical Pty Ltd

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INTRODUCTION

Intravenous sedation is a technique of anaesthesia whereby anxious patients are rendered sedated by the use of intravenous medications in order to facilitate oral or dental procedures in the dental chair.

The techniques employed involve the use of a medical practitioner who is a specialist “Anaesthetist”, **or** a dental practitioner who has appropriate training and who is registered as an accredited “Dental IV Sedationist.”

To become a medical anaesthetist, a medical practitioner is required to have a medical degree and to have undergone several years of specialist hospital training before he is granted **Fellowship** with the **Royal Australian and New Zealand College of Anaesthesiologists**.

To become an “**Approved Dental Practitioner to Administer Intravenous Sedation**”, a dentist must undergo a dental degree followed by several years of specialist hospital training in advanced intravenous sedation techniques, before the doctor can become registered with the **Dental Board of NSW**.

Ocean Surgical Pty Ltd allows for the conduction of specialist Oral & Maxillofacial procedures at its rooms located at the Honeysuckle waterfront. Patients undergoing such procedures may also be able to enjoy the benefits of intravenous sedation, conducted in specially designed rooms, with modern monitoring and recovery facilities, and under the separate supervision of approved medical or dental practitioners who are licensed to provide intravenous sedation.

“**Dental suite intravenous sedation**” is a cheap and safe alternative to “**general anaesthesia conducted in approved day surgery or hospital facilities**”, and where the oral surgical procedure is **simple and short**. Intravenous sedation is designed to make patients more relaxed, and to render them less anxious during simple procedures conducted in dental, or specialist Oral Surgery suites.

Where the oral surgery procedure is more complex, your surgeon will determine whether a formal hospital and general anaesthetic procedure is more appropriate for you. If he has determined that IV sedation is more appropriate, then he will advise you accordingly.

Only the surgeon can determine whether he can perform a procedure under IV sedation or under general anaesthesia, and the patient should not be disappointed if IV sedation in the Honeysuckle suite cannot be offered for a particular procedure.

There are separate charges for the provision of sedation, the provision of surgery, and for the provision of monitoring services. These costs should have been provided to you as a quote prior to the taking of your appointment. The quote is non binding, and provides an **outline only** of likely charges. In exceptional circumstances, it is possible to be charged additionally to the quote that has been provided.

PRE-OPERATIVE PATIENT REQUIREMENTS

You should have alerted the surgeon and the sedationist of all medical conditions, medications that you take, or any drug allergies. Failure to alert the doctor of all such conditions may result in cancellation of your appointment, and costs may still be incurred in this regard.

The patient is required to cease intake of all food and beverages for at least 6 hours before their procedure. If a morning procedure is booked, the patient should be fasted from midnight, and if an afternoon booking is made they should be fasted after a light early morning breakfast.

If you are on regular medications, you should only take these drugs **before** the fasting period commences. It is unlikely if you have a **medical condition that requires regular medications** that you would have been assessed as suitable for an intravenous sedation procedure. If you are diabetic then you would be more likely to be treated in a hospital facility rather than the dental suite.

You are required to bring to the surgical appointment a carer, and who will remain in the waiting room during your procedure and recovery. The surgery maintains underground security car parking, and directions would have been provided to you in order to access this parking. The carer is expected to take you home and care for you over the following 24 hours.

If you have dentures, or otherwise appliances that are a requirement of your oral surgery procedure, you are required to bring these to the rooms on the day of the procedure. Failure to bring such appliances may result in cancellation of your surgery with associated charges being made.

Payment for the intravenous sedation and for the surgical procedure must have been made prior to your appointment. Failure to have provided payment may result in your appointment being cancelled.



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THE PROCESS OF INTRAVENOUS SEDATION

You should expect that a small in-dwelling, intravenous catheter will be placed into a vein located on the back of your hand. This is a painless procedure. This catheter is required in order that the sedationist may administer your sedative medications.

The intravenous sedation procedure renders you sedated **but not unconscious**. You are still able to walk, breath, and perform normal reflex actions, but should not be aware of anything. The surgeon is still required to administer local anaesthetic solution into your mouth by way of dental needles, though this should not be painful or even apparent to you.

Normally two sedation drugs are used, which are called **midazolam** (hypnovel) which is a benzodiazepine used to sedate you, and **fentanyl** which is a short acting opioid narcotic which aims to take away any feeling of pain. If you feel that you have a history of abnormal reaction to either of these drugs you should alert your surgeon immediately.

AFTER YOUR INTRAVENOUS SEDATION

When you awaken it will either be in the dental chair, or in a special recovery chair. The recovery chair is located in a room different to where the sedation was initiated, and is specially designed to gently stimulate you into near full wakefulness. Your recovery will normally be monitored by way of a small device attached gently to your finger.

The catheter from your hand will be removed after your recovery has completed. A small band aid will then be placed over the site of the catheter withdrawal.

After about 30 minutes in recovery, your carer will assist in taking you to your car, and will look after you for the following 24 hours. It is important that your carer reads, signs and follows the directions contained in the "Information for Carers" sheet.

Your "after surgical care instructions" should have been provided to you separately to you "Information for Carers Sheet", and both should be affixed to your refrigerator for easy reference.

Your Surgeon is	
The location of your procedure will be	
The code for the car park facility is	
Your Sedationist is	
The day for your appointment is	
The time of your arrival will be	
Have you completed your consent for IV sedation?	
Has your carer completed their consent to care for you?	
Have you received a quotation for your procedure?	
Do you feel you understand all the information provided to you?	

CHECKLIST FOR THE DAY PRIOR TO & ON THE DAY OF SURGERY

Have you paid for your procedure?	
Have you confirmed your appointment?	
Have you obtained a carer to look after you?	
Have you fasted for 6 hours prior to your surgery?	
Have you arranged for time away from work?	
Have you arranged for the care of any dependents?	